



*Dellridge Health  
and Rehabilitation Center*

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September 2019

*Happy  
Labor Day*

**Special Events  
for September**

Tuesday, September 03,  
2:00pm - Dellridge Labor Day  
Family Barbeque W/George  
Romano

Sunday, September 08, 6:30pm  
Grandparents Day Celebration  
W/Russ Martone

Friday, September 20, 6:45PM -  
Wine & Cheese W/David Wynne  
Thursday, September 26,  
2:00pm - Candace G. Welcomes  
Autumn



“By all these lovely tokens  
September days are here, With  
summer’s best of weather And  
autumn’s best of cheer.”- Helen  
Hunt Jackson



**A Letter From  
the Administrator**

I was just commenting to the staff the other day about how when you are younger, time seems to drag by. Watching the minutes and hours is like sand caught in an hourglass. Isn't it amazing that as we age, the time then seems to race by without our knowledge, leaving us to wonder "where the time went?"

This leads me to conclude that one of the most important aspects of the time we all spend together is to ensure that what we do should be quality. Quality time together, spending

moments of time in a positive environment with positive influences, can only be looked upon as an experience in which we all can leave happy with the outcome.

Visiting more and complaining less, trying to work out situations and being a positive person can only make Dellridge a better place to be every day.

Anne-Marie Gauntlett, LNHA



**Aren't They Grand?**

They remember your achievements, forget your mistakes and are crazy about you no matter what. Let's pamper every grandparent on National Grandparents Day. Always the Sunday after Labor Day, Grandparents Day showers gratitude upon our most kindhearted of family members.